

## My Power Questions

With thanks to Anthony Robbins

*What am I happy about today?*

*What am I grateful for today?*

*Who do I love?*

*Who loves me?*

*What can I do to make today fantastic?*

*What can I do today that will make a  
difference?*

*What can I acknowledge within myself  
today?*



**“Don't go through life, GROW through life”**

- Eric Butterworth