

Feedback and evaluation form

Get a FREE hour session for completing the feedback and evaluation session and emailing it to anerene@ar-lifecoach.co.za. Thank you for supporting me.

I hope that you have enjoyed the Personal Development Course and that you feel you have more of an understanding about who you are.

Thank you for taking your time out to complete this evaluation form. I would love to hear from you

Please give me your honest opinion about this course.

Question 1:

Rate from 1 – 10 your overall experience with the course How to connect with your partner. 0 being not helpful and 10 being Fantastic.

1	2	3	4	5	6	7	8	9	10
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Question 2:

Comment on the different sections

1. Goal setting

Rate from 1 – 10 I found the Goal Setting session? - 0 being not helpful and 10 being Fantastic.

1	2	3	4	5	6	7	8	9	10
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Was the sound clear? Yes No

Comment if No

Was the content clear? Yes No

Comment if no

Added extra comments

2. Milestones

Rate from 1 – 10 I found the Milestones? 0 being not helpful and 10 being Fantastic.

1	2	3	4	5	6	7	8	9	10
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Was the sound clear? Yes No

Comment if No

Was the content clear? Yes No

Comment if no

Added extra comments

3. Beliefs

Rate from 1 – 10 I found the Beliefs? 0 being not helpful and 10 being Fantastic.

1	2	3	4	5	6	7	8	9	10
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Was the sound clear? Yes No

Comment if No

Was the content clear? Yes No

Comment if no

Added extra comments

4. Values

Rate from 1 – 10 I found the Values? 0 being not helpful and 10 being Fantastic.

1	2	3	4	5	6	7	8	9	10
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Was the sound clear? Yes No

Comment if No

Was the content clear? Yes No

Comment if no

Added extra comments

5. Rules

Rate from 1 – 10 I found the Values? 0 being not helpful and 10 being Fantastic.

1	2	3	4	5	6	7	8	9	10
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Was the sound clear? Yes No

Comment if No

Was the content clear? Yes No

Comment if no

Added extra comments

Questions 3: Comment on Coach
